

# COVID-19 CORONAVIRUS

Coronaviruses are a large family of viruses which may cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). The most recent Coronavirus disease is COVID-19

**Typical symptoms include cough, runny nose, fever and shortness of breath**

**MONITOR  
YOUR  
HEALTH  
CLOSELY**

1

All travelers to monitor their health closely for 14 days upon returning to South Africa

2

If you have fever, cough or runny nose, wear a mask and seek medical attention promptly

3

Call the clinic or doctor ahead of your visit or the NICD Hotline: 0800 029 999

## PRECAUTIONS TO TAKE



**Wash hands  
frequently  
with soap**



**See a doctor  
if you are  
unwell**



**Cover your mouth  
with a tissue paper  
when coughing or  
sneezing**



**Observe good  
personal  
hygiene at all  
times**

**CONTACT the NICD Hotline: 0800 029 999**

**REMAIN VIGILANT AND ADOPT GOOD PERSONAL HYGIENE PRACTICES**

The situation is evolving, check updates on [www.health.gov.za](http://www.health.gov.za) and [www.nicd.ac.za](http://www.nicd.ac.za)



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA

